

THE CITY OF SAN DIEGO



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NEWS RELEASE

FOR IMMEDIATE RELEASE

November 10, 2004

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Ride The Wave Program

Program Offers Low Income Youth Opportunity To Participate In Lifeguard Training Program

San Diego - The City of San Diego Park and Recreation Department and the American Red Cross have developed the Winter Aquatic Vocational Education Program (WAVE) offering youth from low-income households an affordable opportunity to participate in the courses necessary to qualify as an entry-level lifeguard.

Tryouts will take place on Saturday, November 13, 2004, at Bud Kearns Pool, located at 2229 Morley Field Drive. Eligible participants should call Bud Kearns Pool at (619) 692-4920 to register and find out more about upcoming class dates. All candidates must arrive promptly at 8:00 a.m. and be dressed to swim. The fee is \$60. Scholarships are sponsored by the city of San Diego and San Diego Imperial Counties Chapter of the American Red Cross.

Upon completion, participants will receive certifications in American Red Cross Lifeguard Training, CPR for the Professional Rescuer, and First Aid for Public Safety Personnel (Title 22). This qualifies participants to meet requirements to apply for a Pool Guard I position with the City of San Diego.

Basic requirements to qualify for the program include: participants must be 15 years of age by November 13, 2004; must be able to swim 500 yards continuously (front crawl, breaststroke); swim 20 yards using front crawl or breaststroke; surface dive to a depth of 7-10 feet, retrieve a 10 pound object, return to the surface, and swim 20 yards back to the starting point with the object, and; complete a written survey. More information? Please call Kathy Thesing, Pool Manager III at (619) 692-4920.

The City of San Diego Park and Recreation Department enriches lives through quality parks and programs.

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